

THE STOCKTAKE

2016 NATIONAL SUMMARY

New Zealand's child & youth population make up 27% of the population and is more ethnically diverse. Their mental health needs remain high and are becoming more complex, indicating increasing demand for services.

2% GROWTH

Projected for 2026

What we know



- Early intervention & access to services are essential
- Significant improvements in emotional related symptoms at service discharge
- Continue to report barriers to healthcare access

What we found



- 10% increase in access (2013-2015) in all age groups and regions
- Majority (76%) access DHB services
- Access rate 2.87% close to 3% recommended rate

What we need to do



- Reduce barriers to mental health services
- Provide services earlier for mild to moderate mental health concerns
- Develop early intervention services for children

CLIENT ACCESS

ICAMH/AOD WORKFORCE



- Limited funding & resources
- Aging workforce
- Difficulties with:
 - Recruitment/retention
 - Access to specialist training
- Increase in service demand & complex cases



- 1% decrease in overall workforce
- But 3% increase seen in DHB services in clinical roles
- Vacancy rate at 8% with staff turnover rate of 16% mainly in clinical roles for Psychologists, Support Workers & Social Workers



- Planning & funding to meet local needs
- Active recruitment & retention strategies
- Training & professional development (clinical/cultural competencies)
- Exploring new ways of working

For the full Stocktake report, visit
www.werryworkforce.org



Werry Workforce
WHĀRAURAU
 For Infant, Child and Adolescent Mental Health